1:Sanders Z-5,4 (1952-1959) 1962 EH1 Greece EH1

Variations of this two-story, sloping-roof house occur in all the mountain areas of Greece, which includes most of Epirus, western Macedonia, much of Central Greece, and the Peloponnesos. There is much snow in this region, and the sloping roof keeps it from accumulating on the housetops. The one-story, sloping-roof house can be found in Attica around Athens as well as on the plains of Thessaly, Macedonia, and Thrace. This house usually has a stone foundation of twenty inches or less on which walls of sun-dried, home-made mud brick are built. The roof is covered with tiles:

> In their original and simplest form, these houses consist of one rectangular room, including under one roof the family, their cattle and corn. . . .
>
> The most ancient and the most closely related to the original form of Greek house is the simple narrow-front house, belonging to the type known as "megaron." It has the entrance on one of its narrow sides, having usually in front of it a "prostoon," or wide portico. . . .
>
> The wide-front house, however, is found more frequently in the Greek countryside. This house has its entrance and its "prostoon" on the long side of the rectangular plan.[18]

In many parts of Greece the one-room house has gone through a development which gives a separate space for the family, the stabling of the cattle, and the storage of the cereals. A final development is the separation of the stables from the house proper, leaving two rooms in addition to the granary often located between them. Where these two rooms have been provided, one is kept as a guest room, one as a storage place. In the winter the family moves into one room heated by the hearth or small stove on which the meals are prepared. The hearth, which can still be seen today in the center of some village homes, was moved in course of time to one of the walls — usually the middle wall separating the rooms of the two-room house — or to one of the inner corners of the room where a chimney was built.

These village homes, though simple in structure, call for considerable investment of time, money, and thought on the part of the family building a new house. Just what is involved is shown in the following conversation with a peasant woman, whose remarks hold generally true for all of the Greek mainland. Her husband had invited us to his house but had to leave for a short while to take care of his sheep. The woman, bright-eyed and wearing a scarf over her braided hair, moved her head quickly as she talked.

This home had one room, with wooden floors. Unlike some of their fellow villagers, this couple had wooden beds and did not have to make use of sleeping platforms, ordinarily found at one end of the room. There was a storeroom underneath the main room. To enter, one came directly into the yard from the street, then into the house after passing under the portico.

1:Sanders Z-5,4 (1952-1959) 1962 EH1 Greece EH1

342 "Are most of the houses in this village like this one?"

"Yes, only the priest and the teacher have two rooms in their homes, but people here are beginning to think about building bigger houses."

"How do you go about building a house such as this?"

[463] [465] "Oh, we get all the materials together and then call one of the builders who lives here in the village. It may take us quite a while to collect the material, depending upon the prices we get paid for our crops. We have to pay the master builder fifty drachmas a day; it usually takes him about fifteen days, since members of the family help him. We need him because he knows best how to place the stone in the walls so they will be firm."

The woman showed little interest in the actual details of construction, but quickly passed to the ceremonies connected with a new house. She [825] [788] pointed out that when the cornerstone was laid the family and relatives came together, cut the throat of a cock, and let the blood spill on the four corners of the house, selecting the eastern corner first. Just prior to [778] this ceremony, money was thrown out to the workers. Customs vary, as we discovered, as to just what was buried in the cornerstone, but in this Peloponnesian village the family buried earth from a sacred place near the village where they had found a treasured ikon; they also included a small wooden cross and an ikon of the Holy Virgin. If the house is built as a dowry for the daughter, then some of her personal possessions such as a [574] dress or a shoe are also included in the cornerstone. Usually a big dinner of roast lamb follows the laying of the cornerstone.

A second ceremony occurs when the topmost beam of the house is in place. The roof has not yet been laid, but this is the time for the family to bring presents to the workmen, who upon receiving a gift call out the [793] [788] [777] name of the donor and wish him many years and a happy life. Later on, when the house is finished, the priest is called. He must be the first person to enter, after which he blesses the house and departs. Thereupon, for good luck, a young boy must be the first to step in.

Now the furniture can be installed and the family can settle down. The [352] [583] dowry chests, containing valuables saved up for the unmarried daughter, will be placed along a wall and the dowry blankets piled on top. "And unmarried girls must never sit on this chest or they will never get married," declared our informant.

[352] [353] Other furniture includes a small table along the wall over which is hung a large mirror. The family photographs are stuck into the edges of the mirror frame. Pictures also decorate the walls, as do pots and pans and other cooking utensils. Two or three chairs complete the roll call of furniture.

351 In other visits to village homes our attention was directed more to the court than to the interior. The weather would be warm and balmy and the [513] vines in leaf. The family had in reality moved out of doors for the season,

1:Sanders Z-5/4 (1952-1959) 1962 EH1 Greece EH1

even to the extent of sleeping on the portico, on the roof balcony, or anywhere else where they found it comfortable. As a matter of fact, some students of the Greek house think the court the basic element, and the other parts of the house an adaptation to it and to the other needs connected with the individual peasant's kind of agriculture. Where the court is covered with flagstones, it serves for a longer season than do those that turn to mud after the fall or spring rains begin.

The court is separated from the street by some kind of wall or a fence of holm-oak branches. In the plains villages these walls, like the houses, are of mud brick. They too are white-washed a brilliant white on the Monday of Holy Week before Easter. Later on, when the rains come and the white-wash wears away, the walls take on a drabness that made travelers from early times on down to our day describe these plains villages as unattractive. Where the walls are well kept, where there are attractive tiled gateways — as in Macedonia — large enough for the wagon to drive through, the yards behind have a mysterious and richer look.

The village setting is part of the Greek peasant's physical adjustment to the land. Throughout Greece there are many variations in the appearances of the settlements due to differences in terrain, location, and communication. Villages set in the shadow of a towering mountain and surrounded by a forest of firs have a snug look; those whose green trees and vines are the only cool color in a vast stretch of hot brown fields invite one to stop and rest; those which stand proudly on the brow of a hill seem to be keeping a watchful eye on the farmlands lying around. Others, perched on some airy height, dare you to climb and visit them, and anyone doing so will be surprised to find that behind the village there is a broad shoulder of the mountain which provides good farmland to those willing to live there on the heights. For many villages the dark blue sea is part of the setting, even though none of the villagers may be able to swim a stroke. Whatever the location, the villager has the deep belief that his village site is the best possible one. The water of his village is the best-tasting in the world, and in moments of homesickness when he is away from his native place he would give anything for a drink of that water again and for a chance to see the incomparable view from his village.

1:Sanders Z-5,4 (1952-1959) 1962 EH1 Greece EH1
[Winter] Peloponnesos

221 lard; we have bought our oil, our kerosene, salt; we have made *trachanas*
252 [wheat coarsely cut, cooked in milk, dried, and then recooked into a soup or porridge]; our wood is gathered for the fireplace and the oven. In winter
512 we get up before the light. The nights are long and we get our full sleep.
221 We go to bed as soon as it darkens. The older people go to bed with the chickens. For that reason we get up when it is still dark with the third
[354] crowing of the rooster, who wakes us all up. The fireplace is going night
[513] and day. In one corner sleep grandpa and grandma. In another corner the wife and husband. All around sleep the children. It is the house of the poor. The first to waken up is grandma, who puts the water on the fire for the trachanas; she next wakes grandpa and the housewife, and when the trachanas is ready we all get up. The trachanas is poured by the mother into the
264 deep soup plates and we all eat it hot around the fire. With the trachanas
[273] we eat olives, cheese, and we also drink some wine. Wine is never missing. When the children are many, the mother makes breadcrumbs, throws them into the saucepan, gives a spoon to each child and they all eat the trachanas. When the trachanas is nearly finished then it is a madhouse. The children each try to eat the biggest crumb; the crust of the trachanas is around the edges of the pan and at the bottom. Great laughter is heard when the crust is snatched away from one spoon to another.

512 The children who go to school go out to the fountain, wash a bit their
221 faces, and when they hear the bell, pick up their booksacks and go to school. Whoever's turn it is to light the stove in the school has to go before
[515] the others; each child has to take a log. Thus the stove gets fed and all the
[872] children keep warm. Those who remain in the house do the housework. The women spin, look after the animals, even weave. The men turn a little around in circles, do some small jobs and go to the shops. Whoever has a
[224] gun takes his dog and goes rabbit hunting. The children who are too small to go to school roll themselves on the floor, sit by the fire which they feed.
[861] What jobs could they do anyhow? Only damage can they do and then they
[462] are spanked. The winter is for women's tasks. Then the women have time to weave, to darn, to spin. When it rains and snows it is a calamity. Mud! Nobody can get dried out; it's nice in winter when the sun appears. Then all of us like foxes try to catch a sunny spot. There we sit and talk of our own affairs. The children play with snowballs. When the sun sets we all snuggle near the fireplace whilst others go to the shops. If anybody has a task he first finishes it and then sits down.

221 In the shops we gather and play cards. We talk to each other, we tease
796 each other, we quarrel and we shout a bit. From the cigarette smoke one cannot see another; when the *dodekaïmera* [December 25 to January 6
[517] holidays] start, the women stop weaving and the other tasks and start baking
[252] *christopsoma* [Christmas bread], ring cookies, St. Basil's cake, put the house in order, and whatever other tasks belong to the dodekaïmera. The

1:Sanders Z-5,4 (1952-1959) 1962 EH1 Greece EH1

869 751 [152] 757 758 743 758 [513] [291]

feeling the mystery and fear that surrounds the whole discussion of the cause and cure of an illness attributed to the Evil Eye. As they grow older, they understand why the parent of a child or the owner of an animal will say in reply to any words of admiration: *Phtyse* (Spit) or *Phtys' to* (Spit it), at which you must pretend to spit.

It is into such an atmosphere of half-truth, and even harmful customs, that those interested in scientific medicine must practice their profession. They quickly find that patients are often brought to them after the priest and the wise women have done their best and failed. They also know that merely giving a prescription is no guarantee that it will be followed as directed, but may even be blended with folk medicine that makes it ineffective. In Greece today there is one physician for every thousand people, a proportion usually considered adequate in the United States. The difficulty comes with their maldistribution, for over 50 percent of all doctors are concentrated in the Athens-Piraeus area. Consequently, many villagers have to travel long distances to obtain medical treatment, but the improved roads are making such trips less time-consuming.[15]

Once in a while some member of the family has to be hospitalized. An American, thinking only in terms of scientific sanitation concepts, is often amazed at what he observes if he chances into a small Greek provincial private hospital, one of which has been well described by Dr. Ernestine Friedl:

> One knocks on a door and enters a small room about twelve feet square. There are three ordinary iron bedsteads along three of the walls of the room. On each of the beds, fitted with her own bed linens in the typically varied colors of the Greek village, lies a woman patient. Two are older women wearing their brown kerchiefs and dressed in their own pink flannel nightgowns. The third is a young woman without a kerchief, lying on the bed fully dressed. It is not possible to move beyond the door because the entire center floor space is covered with a blanket, around the edges of which five relatives of one of the patients are sitting, just finishing a meal which they have been eating picnic-style. The remnants of bread, wine, and cheese are quickly gathered up as the relatives make way for the new visitors and apologize for taking up so much space. The husband of the young woman is warming some macaroni over a small kerosene burner on a tiny table near her bed. When the food is warm enough he serves it to his wife. The daughter and the husband of the third patient are standing near her bed watching the goings-on. The daughter coughs violently. It is midwinter and she has a cold aggravated by sleeping on a pallet on the floor of her mother's hospital room. A nurse comes in to leave an ice-bag. The daughter helps her mother to adjust it.[16]

Before one condemns too quickly such medical practices, it is well to try to understand some of the cultural factors which explain them. These have

1:Sanders Z-5.4 (1952-1959) 1962 EH1 Greece EH1

observers did not agree on this matter, nor was I able to conduct detailed studies; nevertheless, I gained the definite impression that what counted was not the size of the city so much as the location of family members who had sought work away from the village. They were often influential agents of change with their relatives back home. This has been more recently confirmed by the investigations of Ernestine Friedl in a Boeotian village:

> Considerable social mobility exists in Greece . . . but this mobility does not come at the expense of kinship ties. The family remains a strongly functioning unit in spite of the fact that its members may occupy different social positions and may live in many different communities — in villages, towns and cities. . . . Therefore, it is often the upwardly mobile members of his own family who link the villager to the national culture and the national social structure of Greece. As a result, not only are cultural and social changes expected in the village, but continuing urban influence is an integral part of village life.[1]

She then shows how the grown children, even though living in the city, still have some rights over the father's real property back in the village; the same applies to a son-in-law living elsewhere, because of his vested interest in the dowry in land which his wife brought to him and which is located back in the wife's village and perhaps farmed by one of her brothers living there. Dr. Friedl cites four mutually reinforcing patterns of Greek culture which make possible the continuing involvement of the members of the dispersed kinship group in matters of common concern: first, the amount of time that the Greeks spend in reaching a major decision. It will not be arrived at in a hurry and may take as much as a year or two of discussion. Second, Greeks consider visiting between country and a city kin a highly favored form of recreation for both parties. Third, this visitation is made possible by the willingness of the Greeks to double, triple, or quadruple up, sleeping on pallets when beds are insufficient. Fourth, the fact that the rural and urban people involved are kin to each other keeps down much of the suspicion and jealousy that rural people might have of the urban person, thus facilitating continuing interaction.

In personally witnessing this process I have wondered, but never investigated, whether those villagers most vigorous in their denunciation of Athens and city life were those who had no urban relatives.

But one should not overlook the influence that a change in one village has upon those in nearby villages. If the people of one community decide to put a neglected cemetery in order, then those elsewhere will say, "don't you think we had better do something about our cemetery?" and take steps accordingly, while trying to keep the fact that they are imitating the other village from being obvious. There is, thus, some competition among Greek villages, not an intense rivalry but a desire by those in one village to have

2: Friedl E-5 (1955-1959) EH1 Greece EH1
Vasilika

342 ushered into the *saloni* and are expected to remain there. At name day celebra-
511 tions, at the *paniyiri*, at Christmas, at engagement and wedding parties, guests
574 are greeted in the *saloni* and may be served food there. Most of the time it is an
594 uninhabited room, but because it represents the family to the world outside and
[356] because the patterns of hospitality in the village often require a family to entertain without advance notice, its furnishings are the best in the house and the room is always kept clean and in good order.

352 A typical *saloni* in Vasilika has a large square table placed in the center
511 of the room. The table-top is covered with an ornamental cloth, often snowy
[215] white. A glass bowl commonly occupies the center of the table. It is often filled
[353] with slightly yellowed photographs of members of the family and relatives living away from the village, and with the most recently received postcards or greeting cards.

[583] Virtually every *saloni* contains one or two large trousseau trunks placed along the wall. Their tops are usually covered with an ornamental white cloth. These trunks serve as storage places for bed linens, table linens, extra sheets, pillow cases, and table covers, which were part of the wife's trousseau. They also are repositories for the trousseau being prepared for the daughters of the house. No matter how low the income level of the family, there are always at
[574] least some token *rukha* (linens) as dowry. Again, regardless of income, every housewife serves her guests fruit preserves in small crystal dishes and the liqueur which accompanies the preserves in tiny crystal glasses, and proffers both items on a tray.

[574] A *saloni* may contain no other furnishings, but often the one bedstead owned by the family remains there to be used only by guests. If the family owns a wardrobe they may display it in the *saloni* and store their best clothes in it.

215 Wedding photographs of the husband and wife of the household, and of
353 their parents or their married children are hung on the walls of the *saloni*. Ad-
511 ditional framed photographs of relatives who no longer live in the village also decorate the walls. Often a large framed mirror hangs on the same wall as the photographs.

207 Approximately ten of Vasilika's families had battery-operated table radios
511 in the *saloni* in 1955. Since the electrification of the village, additional families
[264] have purchased radios on the installment plan. By 1961 it had become customary
[365] to turn on Greek folk music programs during the midday meal and in the evenings. Since 1958 several families have purchased elaborate chandelier-like
[354] fixtures, holding two or three electric bulbs. These are placed above the center table of the *saloni*.

342 The terrace of the two-story house has a variety of uses. Here the family
511 may perform some simple household task. The women may hang their wash on
[296] wires stretched along the poles which support a sheltering roof. Here, too, they may set the table for the Easter feast. The entire family may sleep out on the
[513] terrace in the heat of summer. Whatever else the terrace is used for, however, its edge is always lined with plants of various kinds, potted in whitewashed gallon
247 tin cans. Some are flowering plants, but many are herbs, especially basil, which
511 the women use in cooking. The villagers, men and women alike, are passionately

[263]

2:Friedl E-5 (1955-1959) 1963 EH1 Greece EH1
Vasilika

of the dowry. Rents are high and earnings relatively low in cities so that houses are a good investment. However, since building materials must be bought, and contractors paid, in cash, the houses may take many years to build. The young couple may then move into the habitable shell, and the rest of the dwelling will be completed out of the farmer's then current income. This kind of dowry-on-the-installment-plan becomes part of the marriage contract. It is often a source not only of continuing long-term discussions between a farmer and his town son-in-law, but also a source of quarrels—what in Greece are called *fasaries*.

The rate of movement of farmers' daughters into the towns and cities has been accelerating in the last decade, but marriages to urban husbands are not a new phenomenon. Between 1930 and 1950, at least five of Vasilika's women married "into Athens."

This type of marriage, like those discussed above in which both bride and groom are members of farm families, accelerates land sales and exchanges. The network of association which develops between Vasilika's residents and their relatives in Athens and the towns, is, however, perhaps the most important consequence of the urban marriages of village women (Friedl 1959a). In addition to the economic reasons for continuing relationships, there are several customary patterns which increase the frequency of contacts between the two groups. Lonely village mothers are grateful for visits from their married daughters and their grandchildren, and the midsummer season not uncommonly finds city women with their children back in the village visiting their parents, often for as long as a month or two. A return to one's village for Easter, sometimes for most of the Holy Week as well, is a well-known pattern in Greece. *Paniyiri* in one's *patridha* (home village) is another occasion for visiting.

Journeys in the opposite direction also occur with some frequency. Village men and women, when ill, may enter hospitals in a town in which they have sons or daughters, or brothers or sisters. Village men visit their town brothers and bring their children; occasionally a child spends a summer with his town aunt or uncle. Visits to the village or to the town usually last several days. They are made possible by still another congruent pattern of Greek culture. Neither the villagers nor their town relatives seem to have any strong need for personal privacy. Visiting relatives are bedded down on pallets when there are not enough regular beds, and it is not considered either indecent or especially uncomfortable for one or even two families to sleep in the same room. It is through this intervisiting process that so many urban traits of culture are introduced to the villagers and, indeed, that some village patterns are conserved in urban areas.

An additional consequence of the town marriages of village girls is that rural wealth derived from land flows into the cities. This wealth is an addition to what the productivity of land normally contributes to urban centers in the form of food, taxes, and the export of rural produce. A portion of the farmer's profits, through the dowry, is being used, it would seem, directly to support a part of the urban population. When the dowries are invested in housing or in small commercial enterprises, many low-salaried employees, civil service workers,

3:Friedl E-5 (1955-1956) 1959 EH1 Greece EH1
Vasilika

sale of what is still considered family land—a project which is never undertaken lightly. In a sense, therefore, a case of this kind represents a situation in which the dowry contract is renegotiated two years after the marriage.

The pattern of visiting in Greece has certain regularities. The town-dwellers are apt to go back to their home villages or to those of their wives at least twice a year, at Easter and at the patron saint's day celebration of the village. They also go back frequently for baptisms, weddings, and funerals, and sometimes for the celebration of the name-day of a brother or a father. A man and his family often spend a summer vacation in his village or his wife's. "He has gone back to his village" is a remark made frequently about a vacationing Athenian, and it is regarded as self-explanatory. Townswomen sometimes come to visit the village, bringing their young children with them. This is especially common during the busy agricultural seasons when the grandmother can act as baby-sitter and the young mother can once again help in the fields. In the reverse direction, young unmarried nieces and nephews may spend extended periods visiting their urban aunts and uncles. A village farmer often takes a young son to visit a city relative. A village girl may spend several months, or even years, with a town relative, while she learns to sew or to work as a hairdresser. A town godparent may invite a village godchild to stay at his home for a month or two. Village mothers occasionally go on short visits to their town daughters, although this last is considerably rarer than visiting in the other direction.

All these visits include at least overnight stays, and may last for weeks or longer. They are made possible partly by improved road systems and bus and train services, which, in a country as small as Greece, permit travel at reasonable cost. More important, however, is the Greek lack of interest in privacy. In fact, the notion of privacy cannot be expressed by any Greek word in common use. This lack of concern is reflected in the sleeping arrangements which prevail both in the villages and among the less sophisticated in the towns, including Athens. It is taken for granted that parents and grown children of both sexes may sleep in the same room, and that, if there are not enough beds —and there rarely are—pallets strewn on the floor provide a perfectly adequate substitute. A Greek household is disgraced if there are insufficient pallets and bed-linen available to sleep at least a half-dozen extra people. The entertainment of one's kin is therefore not limited by the number of rooms in a house or apartment, nor by the fact that a household may be too poor to have a large number of bedsteads. Moreover, crowded sleeping arrangements are not considered a hardship by either the urban relative visiting the village or by the villager visiting the city or town.

Continuing relations between urban and country kin are also facilitated by the fact that, in Boeotia, minimum literacy at the least is almost universal among the male villagers, so that arrangements for visits may be made by correspondence. They are also made by word of mouth, since traveling villagers are willing to carry messages.

Finally, the kinship element in urban-rural relations tends to lessen the

5:Hammond M-5 (1948-1950)1956
EH1 Greece EH1

interior of the vehicle, there were others who had with less formality installed themselves amidst the multitudinous array of baggage, livestock and firearms which renders every Greek bus incapable of passing beneath what used, in England at least, to be described as 'a low bridge'. To the north of Drama the road crosses a dusty plain for several kilometres and then turns sharply to the right between two high peaks and winds laboriously up a rocky defile. Every few hundred yards there was a bridge: either guarded by a block-house, manned by men of the mobile section of the home-guard, or else lying in ruins and necessitating a perilous descent into a dried-up water course. These occasional outposts apart, we saw no human habitation for the best part of another twenty kilometres, when we reached the head of the pass. Here we halted for a few minutes and refreshed ourselves with cold mountain water from a stream by the roadside. Shortly after three o'clock we began the descent into the well-watered plateau, within sight of the Bulgarian frontier, on the northern fringe of which lies the village of Kato Nevrokopi, and which had been the scene of bitter fighting when the Germans poured into Greece in April, 1941. A few minutes later we were among the houses of Nevrokopi and my fellow-passengers pointed out to me the cottage, in no way distinguishable from its neighbours save by the board bearing the Byzantine eagles and the inscription *ΙΕΡΑ ΜΗΤΡΟΠΟΛΙΣ ΝΕΥΡΟΚΟΠΙΟΥ* beside the door, which, *faute de mieux*, has served as the bishop's headquarters since 1945: the old metropolis having been destroyed during the Bulgarian occupation of eastern Macedonia.

Half-past three on a warm August afternoon not being a discreet hour at which to call on a Greek bishop, I retired to the green shade of a vine beside the *plateia* to sip coffee and discuss such varied topics as the Bishop of Birmingham, Schiller and the Scottish liturgy (and, inevitably, the incredible folly of the British electorate in banishing Mr. Churchill to the opposition benches), with the commanding officer of the gendarmerie and other local celebrities. Meanwhile, a troop of small boys was despatched at regular intervals to reconnoitre in the vicinity of the metropolis. At half-past four it was reported that the windows were open (all true Greeks sleep with windows and shutters firmly closed), and I was thereupon escorted to the metropolis where I was warmly welcomed by the Bishop. We talked until a little after six o'clock, when the *ephemerios*, or curate, of the parish arrived to lead the way to church for evensong.

5:Hammond M-5 (1948-1950)1956
EH1 Greece EH1

inhabitants malevolently. As we dismounted outside the cottage of Papa Costas we were greeted by a score of old friends headed by Basil the resourceful, just descended from Aghios Stephanos and bound for Trikkala to negotiate some delicate piece of monkish diplomacy. Papa Costas' daughter and two cousins from Trikkala were bent over their sewing, and a dish of bean soup simmered on the stove.

Boris bade us farewell that afternoon and set out for Larissa, whence he would travel southwards the following day to sunny Attica and the populous cities: back to that strange, mad world where men spent their days poring over antique folios and writing solemn dissertations; effeminate creatures who slept at night between linen sheets and pillowed in soft down, clad in ridiculous garments fit only for infidels: not indiscriminately, men and women together, upon the hard earth, snugly rolled in warm rugs beside a roaring fire; a pampered and degenerate race.

As the sun went to his rest that evening amongst the snows of Pindos I sat for the last time amidst the ascetics of the Thebaid of Staghi and related the strange and terrible things that we had seen during the past few days, while Father Anthimos boiled some eggs in an empty salmon tin, the stylite cats lurked in the shadows, and old Papa Iannis stroked his venerable beard and murmured an occasional *Kyrie eleison!*

*

The country parson of Pindos, writes an early nineteenth-century traveller, displays a truly primitive simplicity. He is at once the director, adviser, friend and companion of those who till the same fields or pursue the same occupations as himself. The unaspiring *papas*, endued, as it were,

> . . . in spite of his ignorance with an evangelical instinct, sympathised with the sorrows and shared in the joys of his people, and abandoning himself to them, made up for any deficiency of ecclesiastical dignity by a fraternal affection which was rendered doubly dear by the misfortunes and misery of those on whom it was bestowed. In the evening, when the labours of the day were finished, the pastor of the mountain assembled with his parishioners at one of their unadorned chapels on the hills. . . . On the festival and the feast, when

5:Hammond M-5 (1948-1950)1956
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milordos Thomas Alcock, comments unfavourably on the attire of the monks: "the want of neatness in the persons of these people", he remarks, "is too conspicuous", a failing our traveller denounces as one of the sure consequences of "an unnatural and unsocial life". Thomas Alcock, it is hardly necessary to add, found the mode of life and habits of Greek monks "little agreeable". "They flatter themselves", he writes, "that their recluse life places them out of the way of the vanities and vices of the world; but it may be doubtful if this retirement does not produce even more disgusting effects than any it may remove." Whatever may have been the condition of the monks of Megaspelaion in 1829, certainly to-day the great poverty which afflicts many of the surviving communities is sufficient explanation of some want of neatness in their members.

The costume which I have thus briefly described, inner and outer *rason* and the appropriate form of *kalymmafchion*, is the customary outdoor dress of the Greek ecclesiastic, regardless of his status or office: of the aspiring archimandrite, in silken gown and with rolled umbrella and brief-case, who hovers discreetly about the chambers of the Holy Synod, as of the village *papas* who labours at his plot of ground, or, with a train of pack-animals picks his way along the boulder-strewn bed of some water-course in trackless Pindos.

Within doors, though the parish priest may put off his tall hat and outer garment, he is seldom to be seen less formally apparelled. And in the mountain villages what more appropriate night-attire for an ecclesiastical person than a thick homespun *rason*: though holy tradition be silent and the Greek country parson abed be subject to no such irksome canonical prohibitions as his brother, tending his flock beneath the vigilant eye of His Beatitude the Archbishop of Canterbury, who is strictly charged that in the interests of decency, gravity and order, he shall not wear "any Coif or wrought Night-cap, but only plain Night-caps of black silk, satin, or velvet".

It is not my intention to embark upon a detailed description of the liturgical vestments of the Greek clergy. "It would be impossible", asserts Dr. King, "to give a description of the habits of the clergy . . . to an English reader without the assistance of figures: for as we have none which resemble them so we have no names in our language to express them by." The reader who would learn to distinguish an *epigonation* from an *epitrachelion* or would comprehend the mystical signification of

6: McNeill H-5 (1947, 1956) 1957
EH1 Greece EH1

[Town Life]

cluster together, so that one may find whole rows of silversmiths' shops in Jannina, or streets of cobblers in Kozani. The market square, where peasants from the surrounding villages bring their products for sale once or twice a week, constitutes a vital part of every town; street peddlers with their donkeys or pushcarts are everywhere. So are policemen, shoeshine boys and waiters, who will bring little cups of Turkish coffee into any office or house when summoned from the ubiquitous *cafeneions*. Great trucks and buses, often sadly dilapidated, are a prominent part of the urban scene, and, except in Athens, they outnumber passenger cars.

The daily rhythm of life in a Greek town is quite different from that familiar in the United States. People rise early, almost with the sun, and the streets in the early morning present a lively scene, as the women buy food and other household supplies and men start their daily work. As the sun mounts the sky, the streets become more deserted, until in early afternoon only a few idlers can be seen hugging the shade in the coffee shops or along the curbs. Shops close and everyone goes home to eat and sleep. By late afternoon animation returns, though it is less intense than in the morning, since many offices (including government offices) function only until early afternoon. Then with the cool of the day, about 7:30 or 8 o'clock, the streets come fully to life. Everyone who can walk comes out for a breath of air. Dense crowds move slowly through the center of town, talking and window shopping. In the main square, the young people form small groups and walk round and round, the boys in one direction and the girls in the other, thus assuring each a maximum opportunity to observe, ogle or snub the opposite sex. This is how courtship begins, and the process lends a certain vivacity to the evening. Then, by 9:30 or so, everyone goes home, lights go out and the town goes to sleep until the morrow's sunrise.

6: McNeill H-5 (1947, 1956) 1957
EH1 Greece EH1

[Town Life]

621 Even in Athens-Piraeus this pattern is observed in many of
369 the neighborhoods into which the two cities divide. The majority of Athenians live in suburbs which date back only to 1923 and the years immediately after, when tens of thousands of refugees from Asia Minor crowded into the town. Many of these communities have a strong corporate sense of their own, and live in much the same way as the smaller provincial towns
[513] already described. In the central part of Athens, however, life pursues a rhythm more or less like that of any big European city except that here, too, the midday siesta is rigorously observed. Also, new suburbs, inhabited by professional people and employees, have in recent years grown up farther from the center of town; here little of the community spirit of the older suburbs is to be found, and life rather resembles the dormitory belt of a big American city.

369 The superabundant leisure so characteristic of village life is
517 also apparent in the towns. *Cafeneions* are numerous and nearly
275 always the sidewalk tables are well filled with men who obviously have no pressing business, if indeed they have any business at all. Street corners, curbs and squares are also occupied
[435] by the poor, who cannot afford to pay for a seat by ordering a coffee, even though a modest 2½ drachmae (7 cents) will confer title to a table for an entire morning.

369 Every considerable town has a fringe of unemployed and
464 semi-employed inhabitants, many of them migrants from vil-
166 lages who have come seeking some sort of job to supplement
[434] the inadequate income from their family farms. Such persons can always go back to the village if need be, where at least they can have a roof over their heads and something to eat. Even when a man has been successful in finding regular employment in a town, and makes his home there, he often continues to
[602] maintain a connection with the village from which he, or his father or grandfather, came. Family ties are very strong in

or nurse) has been taught how to give injections and can be called upon to do so. If the doctor who travels on horseback through the countryside should come into the village on a day when anyone is ill, he may or may not be asked to look at the patient. A case of measles in a young child, for example, would be diagnosed by the family and they would feel no need for the services of a doctor. In the meantime, members of the family who live in the village and the neighbors will visit with the patient while his household continues in its usual activities. However, the patient is never left alone, and is often surrounded by a crowd of noisily talking visitors, including children. The visitors all give advice as to proper treatment, recommend doctors in the neighboring towns, and recall the history and development of similar symptoms in themselves or in their relatives. The proper phrase of good cheer is *perástiká sas* which means "may it pass for you" and is addressed not only to the patient himself but to his entire household. Nor is the patient isolated even at night. If the household is one in which the parents and children sleep in the same room (some on beds and some on pallets on the floor) this custom is not changed because of illness. Food for the patient is prepared by whatever member of the household customarily does the cooking.

If an illness lasts beyond expectations, or if it takes acute or violent form such as a heart attack or a bleeding ulcer, several alternatives are possible. Some member of the household may go for a doctor, or the patient may be taken to a hospital in a provincial town. Going for the doctor may involve a walk of several miles to the nearest town where there is one, or it may involve a walk to the nearest town or village that has a taxi, and the taxi may be hired to go on for the doctor. The taxi may also be hired to call for the patient and to take him to the hospital. Ordinarily, the patient is accompanied by at least one member of his household and frequently by several. In one case in which a woman in labor went to the hospital, she was accompanied by her mother-in-law, her husband, her sister-in-law, and her brother.

One of the provincial towns in Boeotia is slowly developing into a small medical center for the surrounding region. The hospitals there are actually small proprietary institutions with ten to twenty-five beds. Each hospital is owned and operated by a doctor who ordinarily has a specialty. There are several maternity hospitals, one or two for major surgery, one for tonsilectomies, one for internal medicine, and so on. The number of these small private hospitals has increased sharply since the end of the Greek civil war in 1949. They are staffed by local women and young girls, who ordinarily have no special nurses' training except for what training the doctor can give them. The physicians themselves, however, are graduates of the medical school of the University of Athens, and many have had additional training outside of Greece.[7] The qualifications of the physicians lead one to expect normal American hospital routines, perhaps somewhat modified by the limitations of space and of an untrained staff.

But consider the scene in the room of a small private hospital. One knocks on a door and enters a small room about twelve feet square. There are three ordinary iron bedsteads

7. Leland G. Allbaugh, *Crete: A Case Study of An Under-Developed Area*, Princeton, Princeton University Press, 1953, pp. 156-157.

[p. 25(A)]

7:Friedl E-5 (1955-1956)1958
EH1 Greece EH1
Boeotia

along three of the walls of the room. On each of the beds, fitted with her own bed linens in the typically varied colors of the Greek village, lies a woman patient.[8] Two are older women wearing their brown kerchiefs and dressed in their own pink flannel nightgowns. The third is a young woman without a kerchief, but lying on the bed fully dressed. It is not possible to move beyond the door because the entire center floor space is covered with a blanket, around the edges of which five relatives of one of the patients are sitting, just finishing a meal which they have been eating picnic-style. The remnants of bread, wine, and cheese are quickly gathered up as the relatives make way for the new visitors and apologize for taking up so much space. The husband of the young woman is warming some macaroni over a small kerosene burner on a tiny table near her bed. When the food is warm enough he serves it to his wife. The daughter and the husband of the third patient are standing near her bed watching the goings-on. The daughter coughs violently. It is midwinter, and she has a cold aggravated by sleeping on a pallet on the floor of her mother's hospital room. A nurse comes in to leave an ice-bag. The daughter helps her mother to adjust it.

If we were in a maternity hospital, the scene would be much the same, except that several infants would be sleeping in wooden cradles in the rooms with their mothers. If cradles had not been brought from home, the infants would be lying in the beds with their mothers. A female relative of the mother will have been present during the birth of the baby. She will have held the mother's hand, sponged her off during the worst of the pains (no anaesthetic is used), and will have comforted her with soothing words.

These hospital scenes and the patterns of hospital care they represent suggest a remarkable similarity between the treatment of illness at home and its treatment in a hospital. The same values and attitudes of Greek culture are demonstrated in both situations, and their reinforcement in a time of stress is not impeded by hospitalization.

Influence of Greek Culture

Greek villagers take great pride in showing-off household possessions. Bed-linens and coverings are of special importance, because they are a part of the dowry which the woman of the household provided at marriage, and she probably wove them herself. Sleeping on bedclothes from home, therefore, not only lessens the unfamiliarity of the hospital surroundings, but also may give the patient and his family a chance to show off the handiwork of the women.

Let us now turn to the crowded conditions of the hospital room. Human companionship is believed by the Greek villagers to be an absolute good. Solitude is considered very unpleasant and is avoided even when people are perfectly well. When someone is in the vulnerable state of illness, it is especially important that he not be left alone. In the hospitals the members of the patient's family take turns staying with him, and neighbors who happen to be in town come and visit. Some of the hospitals, to be sure, provide a special room in

8. A DDT campaign after the Second World War successfully eliminated vermin from the Greek countryside. There is, therefore, little danger that the bedding from home will bring vermin into the hospital.

p 25(B)

/68 cont./ 164 [752]
reward. Whenever there is a tooth-ache, whether the tooth is good or bad, the remedy is to pull it out. Often the patient is tied up against a tree and three or four people hold him while the practical dentist ties a string around the tooth and pulls it out. /69/ Often the string breaks before the tooth is out.

It has become a custom to wash the hands and mouth after a meal. It is the raw vegetables, the hard-baked bread and the ignorance of the tooth paste and toothbrush that keep their teeth healthy and strong. [264] [515]

Sanitary privies. The sanitary privy is one of the urgent necessities of the family, but one seldom comes across it in any village. Megali Vrisi, having had the privilege of having a doctor and a nurse, started building new sanitary privies. Many farmers still use the old method of fencing a corner and placing two large stones for the people to stand on. No ditch whatsoever is prepared for this. Fortunately, the climate is dry and everything evaporates and dries. One of the causes for extensive intestinal diseases among the young was due to these old-fashioned privies. People are learning, more and more, the source of house flies and the breeding sources of diseases among their children. Even the present privies are not so safe, but have reduced the troubles considerably. 514 514 744

People who still cannot believe that diseases are caused by micro-organisms, do not fully appreciate the means to combat them. [753]

/70/ Health in relation to housing. As mentioned in the previous paragraphs, the houses were built by the farmers at a time of great necessity and there was no time to think about the sanitary side of the house. The farmers wanted a shelter for their families and thus built a square, one-room house with as few windows as possible, and with a small door to cut down the cost. Living conditions under such circumstances were naturally very unhealthy, since the whole family had to keep everything in the same room and have a family of five sleep in the same bed. 362 [513]

/70 cont./
Making use of their prosperous crop years, farmers have enlarged the houses and added more rooms and thus improved their houses. The usual type is a three room house, storeroom, kitchen and bedroom. The habit of the whole family sleeping in the same room still prevails. Most families have screened their houses against mosquitos and flies, but the floors still remain the same mud built.

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PART VI Education

Various aspects of informal education. The people of Megali Vrisi are hungry for education and value its importance in their lives. When they arrived at their half-ruined village, before taking care of their own shelter, they built the school by sacrificing the lumber of their houses.

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/71/ Church and school are the two outstanding institutions which influence more than anything else the lives of these people. More than 97 per cent of the Caucasians know how to read and write, and six among them have even completed their high school work. The Thracians on the other side are illiterate. Only 4 per cent of the older people know how to read and write, but the younger generation that has the chance to attend the school, know how to read and write.

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The local grammar school includes six grades with one teacher. He divides his students into two groups, and half of them come in the morning and the other half in the afternoon. The teaching schedule is prepared by the Ministry of Education and the teacher is closely inspected by the regional inspector as to his ability to follow it. This heavy program hinders the teacher from taking active part in the village social life.

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Teacher's position in the village. A teacher and a priest are highly honored and their presence in coffee houses is not desired. Besides the training he gives to the children at the school the teacher follows [illegible] students in their homes too. If a mother

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342 The προστῶον[1] is formed by a simple extention of the roof of the
341 house downwards, and consitutes a very useful element for the needs of agricultural life in general, as it not only protects the entrance of the house from the rain, but it also provides a well aired and at the same time a well protected residence, where the family may
264 gather, especially during the summer months. It is here that the
513 family takes its meals and sleeps in summer time. It is here that the
286 women put up their loom, spread and comb the wool, dry the maize
251 and the sesame, the onions and the other fruits. And it is also here
252 that the oven is usually built.

Fig. 4 Old house at Ferrai in Thrace
(G. Megas, Θρακικαί Οἰκήσεις, fig. 5)

The increase of space in the houses of both types is done in two directions: a) by extending the top beam of the roof and b) by extending the roof in the direction of the sides of the gable.

342 In the first instance, and in the case of narrow-front houses, two succesive rooms are formed in depth, the προστῶον remaining on the front of the house either open or closed (Fig. 5. Plate I b 1-3). In this last case, a new προστῶον is sometimes added, open on its front side (Fig. 1 c. Plate I a 6). In the case of the wide-front houses, two or more rooms are being formed on the same horizontal line (Figg. 3 and 6. Plate III-VII).

In the second instance and in the case of the narrow-front houses,

[1] [prestoon = open portico - Analyst.]

accepted without complaint when necessary, as a hardship to be borne with fortitude. Sisters like to share a room, and even a bed; mothers like to work with their daughters, whom they do not consider to be underfoot. It is not contrary to peasant ethics for children of mixed sex to share sleeping quarters. Family matters are discussed by all, and children over 10 often have a voice in important decisions such as the buying or selling of a field.

Greeks value freedom and self-dependence, but the unit of self-dependence is not the individual but the family. The family is an organic whole, a system of delicately balanced roles and interrelationships. Older siblings are responsible for younger siblings, males for females. A Greek never ceases to have a claim on his family; a married son or daughter cannot be poor, starting at the bottom of the financial scale, while the parents thrive financially. A married son asks his father for help in business without losing *philotimo* or becoming dependent in character. A daughter asks for the things she cannot afford to buy. This is not dependence, it is one's rightful place within a structured, balanced whole. There is no virtue in being self-dependent in relation to one's family. But the family must be self-dependent in relation to the world, except in so far as it has a claim on government aid.

Equality within the family is a matter of personal essence, not of fairness of apportionment. An uneducated older brother is proud without bitterness of the younger brother whom he helped make a doctor. The family may impoverish itself for the education or dowering of one of the children, and the successful life of these children brings honour to the whole family. It is not uncommon to find that a man has remained unmarried so as to support his widowed sister and her family, or in order to earn a dowry for a large number of sisters. The need for obtaining these dowries was one of the main incentives for emigration to the United States. The responsibility for younger relatives is also at the base of the apportionment of positions and appointments of people who are not fitted by training or deserving by merit. A man who has been educated by older brothers who have stayed in the village working in the fields and vineyards, and who now holds a high government position, owes it to his family and to his role within it to find positions for his nephews. If he does not, he fails his family, he does not uphold the family *philotimo*, he is not a good Greek.

On the other hand, a father does try to see to it that he gives some property to every child, to sons for farming, to daughters for a dowry. This is at the base of much of the agricultural difficulty facing Greece at present, since fields have been divided, often into strips measuring a fraction of an acre, and require consolidation before effective use of mechanized farm implements can be made, as well as for contour farming and efficient fertilization.

584 increasing freedom in the lives of young people, particularly in
882 Athens. Yet here too the web of relationships and extended responsibility is so widespread that the family, in effect, has its eyes on the young people wherever they go.

MATERNAL AND CHILD CARE

842 The Greeks love children. Boys are generally preferred; traditionally, sons are a sign of family vigour. Besides, a family not only loses its daughters, it has to pay out property with them. Childlessness is a terrible calamity, and the woman is held responsible. People say "the poor man", pitying the husband for his wife's sterility. A recent magazine report on current scientific discoveries combats this belief, telling its readers that potent men have been found to be sterile and that therefore wives are not always at fault for the childlessness of the family. Women fear to have anything done to their reproductive organs and will accept "maternity difficulties" without asking for medical help, lest this might somehow harm their fertility. A book
581 on maternal and child care, *For the Mother*, urges that before marriage, both family histories be examined for possible sterility.

For the Mother urges young people to choose mates with a view to progeny. As a sanction, it mentions that the ancient Greeks urged eugenic marriages; and that the term "eugenics" was invented by Xenophon. Young people are advised to see a doctor before making the final decision. They are further advised to choose according to firmness of flesh and orderliness of features and limbs, for seriousness tempered with cheerfulness, for optimism implemented by effective energy. Marriage with kin, and with people having family histories of tuberculosis, syphilis, alcoholism, psychasthenia, is to be avoided.

843 According to this manual, a young woman beginning a pregnancy is expected to notice first an indisposition, accompanied by the non-appearance of the menses: this the husband diagnoses for her with great joy. Next come the food whims and the nausea, and this is the time to go for obstetrical advice. The first two months are the critical ones for the life of the embryo; therefore, a mother is urged to take a vacation in the second month. After that she may resume her normal activities, taking care only to avoid over-exertion and jerky movements
[515] In the last month she should not immerse herself in bathing, because of the danger of infection; for the same reason, she should avoid sexual intercourse in the last three weeks. In the last two weeks she
[513] should avoid all exertion. She should sleep eight to ten hours daily during her pregnancy, never more, lest she become listless and melancholy. She should avoid large social gatherings, she should not play cards, she should drink nothing stronger than light wine, she should eat meals as balanced as is consistent with her means and her

losis in the provinces as compared to the cities, and Greeks interviewed gave as their opinion that this was true of the health picture generally.

Doctors are very highly respected. There have been women doctors in Greece, as well as women dentists, for many years; but the village image of the doctor is one of a man. However, a woman is much freer to discuss gynecological difficulties with a woman physician. There is great reluctance to mention the genital areas, and many women do not even know the appropriate terms to use. The acceptance of the *metrica*, the maternity difficulties, may be partly due to the reluctance to have this general area exposed and examined.

The handicapped are not easily accepted in Greece. To be crippled, blind, lame, means that one is not quite a person. Children might even jeer at the handicapped without being reprimanded. Amputation is therefore a terrible calamity, because it makes a person incomplete. Such a person cannot be accorded the respect that goes with the ability to assume responsibility. Parents may discourage their daughter from marrying a one-armed man whom they otherwise like in every respect, and who is perfectly capable of making a good living. Such people are assumed to be dependent. Greeks were bewildered by an UNRRA one-armed worker. Not only was he in the wrong function, but he could not fall into any known pattern of relationship, since he insisted on being physically self-sufficient. Since he would not accept help, the Greeks were uncomfortable with him, not knowing how to treat him.

Malaria, the great scourge which increased tuberculosis through lowering resistance, and which decreased production by sapping the energy, is now almost completely defeated by the spectacular DDT campaign. In the beginning of the campaign, the specialists, unaware of the peasants' love of sleeping in their orchards on hot summer nights, sprayed only the interiors of houses; when breeding grounds were also attacked, however, the campaign was totally effective, and has been of inestimable value for the introduction of further changes, since it won the confidence of the people.

Traditionally, there is no connexion between hygienic measures and health. Cleanliness is part of being well-ordered and well-groomed, not a matter of removing germs. And cleanliness is patterned. There is a day for scrubbing the kitchen floor, for changing sheets, for changing underwear, for going to the bath; there is a time for washing the face and the hands. There were never many latrines in rural areas and the situation has been aggravated through the war; in 1948, it was reported that 98 per cent of the farmers had no latrines.

NUTRITION

The Greek meal is a family ritual. It is a social occasion, a communion of the family, which does not have to be enhanced by special